

Annunciation Catholic Kindergarten

Notice on the "StartSmart@school.hk Pilot Project"

Date: 7/12/2020

Dear Parents/Guardians,

Our School has taken part in the "StartSmart@school.hk Pilot Project", jointly organized by the Department of Health, the Education Bureau and the Leisure and Cultural Services Department.

The main themes will be "drink plenty of water" and "do plenty of physical activity" for the "StartSmart@school.hk" Campaign in the school year 2020/21. We would like to encourage and train children to establish a healthy lifestyle from an early age, to pay more attention to healthy eating during the pandemic and to maintain a strong body.

Parents will receive the "StartSmart@school.hk Pilot Project" kit on the same day that they come to collect materials for the "non-face-to-face classroom" assignments and tasks. This will include:

1. "StartSmart@school.hk Pilot Project" Leaflet
2. "StartSmart Parent Guide"
3. "Little Healthy Fighter and Healthy Living Logbook"
4. 2 sheets of "Little Healthy Fighter" stickers
5. "Drink plenty of water" towel

The campaign will start running between December 13, 2020 (Sunday) and January 9, 2021 (Saturday). A total of 4 weeks. Parents are asked to assist in posting photos of children, writing names and classes on the cover of the "Little Warriors Healthy Life Diary", and cooperating with the plan, encouraging children to drink plenty of water and engage in appropriate physical activities at home every day. After completion, parents can reward the child with a sticker and put it on the booklet. If children can collect 7 stickers every week during the activity period and return the "Little Warrior Healthy Life Log" before January 14, 2021 (Thursday), they will receive a large sticker and a small gift of "Little Healthy Warrior".

Best regards,


Ms Lo Man Fung
Principal



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