

# Annunciation Catholic Kindergarten

## "Parent-Child workshop"

Date: 18/1/2021

Dear Parents/Guardians,

What's your feeling during this pandemic time? Parents may feel exhausted when facing various challenges. Apart from work, parents also need to take care of your children. Do you have time for yourself? In this difficult period, let us be aware of our physical and mental state, and take care of ourselves. In view of this, we organize this parent-child activity. Details are as follow:

Date/time	Venue	Subject	Content	Target group	Speaker	Fee
9/2/2021 (Tue) 10:30am-12noon/ 2pm-3:30pm	Zoom	Parent-Child Zentangle workshop	Through meditation activity, parent and child can focus on the present state, be calm and relax. Let us experience the journey of spiritual healing together	Parent-child	School Social Worker (Ms Grace Fung)	Free of charge  (included Material package)

Parents who are interested in attending the workshop, please reply to the message on or before 22<sup>nd</sup> January (Friday) through school app. so that we can make further arrangements. Parent can only choose one timeslot to join. Thanks for your cooperation. If you have any questions please contact Ms Grace Fung (Every Tuesday and Friday) or your class teacher at 24907893.

Best regards,

  
Ms Lo Man Fung  
Principal



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